



# Things You Need to Know

about Changes to Release of Compensation and Pension (C&P)  
Exam Records to Veterans

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1. Beginning in October 1, 2019, request for C&P exam results will be available 20 business days (30 calendar days), after completion of your C&P exam.
  
2. You may still request your C&P exam results through one of the followings ways:
  - a. The self-service option that is available through My HealtheVet's (MHV) VA Blue Button and VA Health Summary;
  
  - b. Visit your local Release of Information Office (ROI) to complete an in-person request; or
  
  - c. Send a written request or completed release form VA Form 10-5345a to your local ROI Office.

VA



U.S. Department  
of Veterans Affairs