



U.S. Department of Veterans Affairs
Office of the Chief Human Capital Officer

VA Central Office
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OFFICE OF THE CHIEF HUMAN CAPITAL OFFICER (OCHCO) BULLETIN

SUBJECT: Paid Parental Leave

This OCHCO Bulletin is to notify Human Resources offices of the Department of Veterans Affairs (VA) policy guidance regarding paid parental leave. In addition, the attachments to this bulletin provide the paid parental leave request form, work obligation agreement, and frequently asked questions. **Please share this information with your employee population.**

Background. The Federal Employees Paid Leave Act of 2019 (Public Law 116-92; Act) provided a new leave category, referred to as “paid parental leave”. This new leave entitlement is available to any Federal employee who is eligible for Family and Medical Leave Act (FMLA) under Title II and has a qualifying birth or placement on or after October 1, 2020.

The new law amended the FMLA provisions in title 5, United States Code, to provide up to 12 weeks of paid parental leave to covered Federal employees in connection with the birth or placement (for adoption or foster care) of a child occurring on or after October 1, 2020. The Act modified section 6382 in title 5 of the United States Code and [subpart L](#) in the Code of Federal Regulations. The Act also added a new subpart to the Code of Federal Regulations ([subpart Q](#)).

Paid parental leave is a benefit provided through substitution of unpaid leave under FMLA. VA Handbook 5011, Part III, Chapter 2, paragraph 18, and Chapter 3, paragraph 7d provide that the Office of Personnel Management regulations will be used to implement the FMLA and therefore the provisions of paid parental leave for VA employees.

Eligibility. To be eligible for paid parental leave, an employee must be eligible for leave under the FMLA. Therefore, an employee must meet all FMLA eligibility requirements, including the following:

- Has completed at least 12 months of Federal service (not required to be 12 recent or consecutive months) as –
 - an employee, as defined under 5 U.S.C. 6301(2), excluding any service as an

employee under 5 CFR 630.1201(b)(2);

- an employee of the Veterans Health Administration appointed under title 38 U.S.C. in occupations listed in 38 U.S.C. 7401(1);
 - a “teacher” or an individual holding a “teaching position,” as defined in section 901 of title 20 U.S.C.; or
 - an employee identified in section 2105(c) of title 5 U.S.C. who is paid from non-appropriated funds.
 - An employee carrying out screening functions who is appointed under section 111(d) of Public Law 107-71 (49 U.S.C. 44935).
 - An employee performing covered active duty (as defined in 5 U.S.C. 6381(7)(B)) that interrupts civilian service due to a qualifying call or order for deployment to a foreign country as a member of the National Guard or Reserves, to the extent that such active duty is not already creditable service as an employee listed in the categories above.
- Has a part-time or full-time work schedule (intermittent work schedule employees not eligible); and
 - Has an appointment of more than 1 year in duration (employees with temporary appointments not to exceed 1 year are ineligible)

Note: An employee who is initially ineligible for FMLA at the time of a qualifying birth or placement of a child may later establish FMLA leave eligibility during the 12-month period following the birth or placement and use paid parental leave during that time period. Generally, this circumstance would apply when an employee becomes eligible for FMLA upon completing the required 12 months of service or by changing to a qualifying work schedule or appointment. Once FMLA eligibility is established and FMLA is invoked, an employee may substitute paid parental leave in connection with a qualifying birth or placement within the 12-month period following the birth or placement.

Qualifying Births or Placements. An employee must have a qualifying birth or placement event (i.e. birth or placement for adoption or foster care) of the employee’s child that occurs on or after October 1, 2020. A qualifying birth or placement means the employee has a current parental role in connection with the child whose birth or placement was the basis for granting FMLA unpaid leave.

OPM defines birth as the delivery of a living child. When the term “birth” is used in connection with the use of leave under this subpart before birth, it refers to an anticipated birth.

Placement is defined as a new placement of a son or daughter with an employee for adoption or foster care. This excludes the adoption of a stepchild or a foster child who has already been a member of the employee's household and has an existing parent-child

relationship with an adopting parent. When the term “placement” is used in connection with the use of leave under this subpart before placement has occurred, it refers to a planned or anticipated placement.

Leave Entitlement. Paid parental leave may be substituted for any FMLA unpaid leave granted for birth of a son or daughter, or placement of a son or daughter with the employee for adoption or foster care. The amount of paid parental leave that is available for such purposes is 12 administrative workweeks in connection with the birth or placement involved.

Entitlement to paid parental leave is triggered by the occurrence of a birth or placement. Paid parental leave is available as long as an employee has a continuing parental role in connection with the child whose birth or placement was the basis for the leave entitlement. If an employee ceases to provide care for a son or daughter, the employee is no longer eligible for paid parental leave.

Conversion of weeks to hours. For employees who are charged leave on an hourly basis (including fractions of an hour), the 12 administrative workweeks is converted to hours based on the number of hours in the employee's scheduled tour of duty on the date the employee begins a period of using paid parental leave as follows:

(1) For a regular full-time employee with 80 hours in the scheduled tour of duty over a biweekly pay period, the hours equivalent of 12 administrative workweeks is 480 hours.

(2) For a full-time employee with an uncommon tour of duty (firefighters, etc.) the hours equivalent of 12 administrative workweeks is derived by multiplying 6 times the number of hours in the employee's biweekly scheduled tour of duty (or 6 times the average hours if the biweekly tour hours vary over an established cycle).

Example: if an employee has an uncommon tour consisting of six 24-hours shifts (144 hours) per biweekly pay period, the amount would be 864 hours.

(3) For a part-time employee, the hours equivalent of 12 administrative workweeks is determined by multiplying 6 times the number of hours in the employee's scheduled tour of duty over a biweekly pay period.

Example: if an employee has a part-time scheduled tour of duty that consists of 40 hours in a biweekly pay period, the amount would be 240 hours.

Conversion of weeks to days. For employees charged leave on a daily basis, the days equivalent of 12 administrative workweeks must be determined based on the average number of workdays in the employee's established tour of duty over a biweekly pay period. Example: if an employee had 8 workdays each biweekly pay period, the days equivalent of 12 administrative workweeks would be 48 days.

Change in Work Schedule. If an employee changes work schedules during the 12-month period after the date of a given birth or placement, and the employee has not used the full

allotment of paid parental leave, the remaining balance of paid parental leave must be recalculated based on the new tour of duty.

Example: a regular full-time employee with a balance of 120 hours of unused paid parental leave converts to a part-time schedule of 20 hours per week. The balance would be recalculated to be 60 hours (40 hours / 80 hours x 120 = 60 hours).

Leave Usage. Paid parental leave may not be used prior to the birth or placement involved even if the employee was granted FMLA unpaid leave for periods prior to the birth or placement event.

Although entitlement is triggered based on the date of birth or placement, the employee may invoke FMLA and substitute paid parental leave at any time during the 12-month period following the qualifying birth or placement event. An employee has a 12-month period beginning on the date of the birth or placement in which to use the 12 administrative workweeks of paid parental leave.

If an employee has any unused balance of paid parental leave that remains at the end of the 12-month period following the birth or placement involved, the entitlement to the unused leave ends at that time. No payment may be made for unused paid parental leave that has expired. Paid parental leave may not be considered annual leave for purposes of making a lump-sum payment for annual leave or for any other purpose.

An employee cannot be required to use annual leave, sick leave, or other paid leave to their credit as a condition to be met before the employee uses paid parental leave.

When an employee requests to use annual leave or sick leave without invoking FMLA unpaid leave, such requests will be subject to management's discretion on approving or disapproving the timing of when the leave may be used. Note: sick leave is an employee entitlement, therefore an employee generally may not be denied sick leave outside of FMLA for a sick leave purpose as authorized in 5 CFR 630.401 .

Documentation of entitlement and employee certification. An employee may be required to provide management with appropriate documentation that shows the employee's use of paid parental leave is directly connected to a birth or placement that has occurred. Appropriate documentation may include, but is not limited to, a birth certificate or a document from an adoption or foster care agency regarding the placement.

An employee may also be required to sign a form to request paid parental leave, certifying that the paid parental leave is being taken in connection with a birth or placement. In signing the request form, the employee acknowledges an understanding of the consequences of providing a false certification (e.g. the possibility that the agency could pursue disciplinary action, up to and including removal from the Department, or make a referral to a Federal entity that investigates whether conduct constitutes a criminal violation). See Attachment 1 for the paid parental leave request form.

An employee must provide any documentation or forms required by the agency no later than 15 calendar days after the date the documentation or certification is requested. If it is

not practicable under the particular circumstances for an employee to respond within the 15-day time frame, despite the employee's diligent, good faith efforts, the employee must provide the documentation or certification within a reasonable period of time under the circumstances involved, but no later than 30 calendar days after the date of the original request.

Paid parental leave may be granted prior to receipt of any requested documentation or the paid parental leave request form, based on an employee's communications with a supervisor or management. Under these circumstances, the granting of paid parental leave is considered to be provisional, pending receipt of the requested documentation or certification.

If the employee fails to provide the required documentation or the request form within the specified time period, management may determine the employee is not entitled to paid parental leave. The employee may be allowed to request that an absence be charged to leave without pay, sick leave, annual leave, or other forms of paid time off, as appropriate. If the employee acted fraudulently, management may charge the employee as absent without leave and pursue any other appropriate action.

Work obligation. Prior to using paid parental leave, an employee is required to enter into a written service agreement to work for VA for 12 weeks after the day on which paid parental leave concludes. The work obligation agreement is found in Attachment 2 of this bulletin.

The written agreement may be accepted with the employee's handwritten signature or an acceptable electronic signature (PIV signature), consistent with the requirements in 5 CFR 850.106. The agreement may also be documented in an email or text message from the employee, as long as the employee furnishes the required signature within 24 hours.

The hours of work which count toward completion of the 12-week work obligation are periods during which the employee is actually in duty status, excluding any periods of paid or unpaid leave, time off (including holiday time off), or other nonduty status such as furlough or AWOL status. Such excluded periods will not count toward completion of the 12-week work obligation. Any period(s) of work during intermittent usage of paid parental leave (i.e., work performed prior to the conclusion of the use of paid parental leave) does not count toward the 12-week work obligation.

An employee who separates from service at the VA before completing the required 12 weeks of work is considered to have failed to return to duty. Note: intra-agency reassignments or transfers without a break in service are not considered a separation.

Conversion of the 12-week obligation to hours and days. Most VA employees are charged leave on an hourly basis (including fractions of an hour). Therefore, the 12-week work obligation is converted to hours based on the number of hours in the employee's scheduled tour of duty.

- (1) For a regular full-time employee with 80 hours in the scheduled tour of duty over a biweekly pay period, the hours equivalent of 12 weeks is 480 hours.

(2) For a full-time employee with an uncommon tour of duty, the hours equivalent of 12 weeks is derived by multiplying 6 times the number of hours in the employee's biweekly scheduled tour of duty (or 6 times the average hours if the biweekly tour hours vary over an established cycle). For example, if an employee has an uncommon tour consisting of six 24-hour shifts (144 hours) per biweekly pay period, the amount would be 864 hours.

(3) For a part-time employee, the hours equivalent of 12 weeks is derived by multiplying 6 times the number of hours in the employee's scheduled tour of duty over a biweekly pay period. For example, if an employee has a part-time scheduled tour of duty that consists of 40 hours in a biweekly pay period, the amount would be 240 hours.

If an employee's scheduled tour of duty changes before the employee completes the 12-week obligation, the agency must recalculate the balance of work hours owed, taking the remaining balance of paid parental leave and recalculating based on the change in the number of average hours in the employee's scheduled tour of duty.

Example: if a regular full-time employee has a balance of 120 work hours left towards completion of the a 12-week requirement and then converts to a part-time schedule of 20 hours per week, the remaining work hours requirement would be recalculated to be 60 hours. (Since the old schedule was 80 hours biweekly or an average of 40 hours weekly, the new part-time tour is half of the former full-time tour. $40/80 \times 120 = 60$.)

For employees who are charged leave on a daily basis, the days equivalent of 12 weeks is derived based on the average number of workdays in the employee's established tour of duty over a biweekly pay period. For example, if an employee had 8 workdays each biweekly pay period, the days equivalent of 12 weeks would be 48 days.

Reimbursement Requirement. If an employee fails to return for the required 12 weeks of work after the paid parental leave concludes, the employee is required to make a reimbursement equal to the total amount of any Government contributions paid by the agency on behalf of the employee to maintain the employee's health insurance coverage under the Federal Employees Health Benefits Program during the period(s) when paid parental leave was used.

The reimbursement requirement may only be waived when the employee furnishes medical certification from a health care provider demonstrating the employee is unable to return to work for the required 12 weeks due to either of the following circumstances:

- a) The continuation, recurrence, or onset of a serious health condition (including mental health) of the employee or child whose birth or placement was the basis for the paid parental leave. In the case of the employee's serious health condition, this exception applies only if the condition is related to the applicable birth or placement; or
- b) Any other circumstance beyond the employee's control that truly preclude an employee from returning to work. Example: when a parent chooses to stay home because a child has a serious health condition, or an employee moves because the employee's spouse is unexpectedly transferred to a job location more than 75 miles

from the employee's worksite. However, a situation where an employee chooses not to return to work to stay home with a well, newborn child would not constitute a circumstance beyond the employee's control for purposes of this exception.

In cases where the agency's determination regarding whether to apply the reimbursement required relies on a health condition that is not related to the applicable birth or placement or that applies to a person other than the employee or the child whose birth or placement was the basis for the paid parental leave, the employee may also be required to furnish a medical certification.

Additional examinations and certification from other health care providers may be required if management deems it necessary, but any such additional examinations are performed at the agency's expense.

Multiple agencies involved. If an employee does not complete the 12-week work obligation and if more than one agency provided Government contributions on behalf of an employee for that employee's health insurance coverage during a period of paid parental leave, each agency is responsible for making a determination regarding whether to apply the reimbursement requirement described with respect to periods of paid parental leave during employment with the agency. The agency that employed the employee at the time use of paid parental leave concluded is responsible for informing any other affected agency of the employee's failure to complete the required 12 weeks of work and of its determination regarding application of the reimbursement requirement. Any other affected agency will make its own determination regarding application of the reimbursement requirement associated with agency employment.

The reimbursement is subject to collection as a debt owed to the affected agency (see Federal Claims Collection Standards under 31 CFR parts 900 – 904).

Retroactive election by a previously incapacitated employee. When management determines that an otherwise eligible employee could have made an election during a past period to substitute paid parental leave and enter into a work obligation agreement, but was physically or mentally incapable of doing so during that past period, the employee may (within 5 workdays of their return to duty) make a retroactive election to substitute paid parental leave for FMLA unpaid leave.

Such a retroactive election shall be effective on the date that such an election would have been made effective, if the employee had not been incapacitated at the time. This retroactive election must be made in conjunction with a retroactive FMLA election under §630.1203(b), if the FMLA unpaid leave was not already approved. As part of this election, the employee must agree (in writing) to meet the 12-week work obligation or pay the required reimbursement, unless application of the work obligation and the associated reimbursement requirement is barred due to continuation, recurrence, or onset of a serious health condition of the employee or child whose birth or placement was the basis for the paid parental leave, or any other circumstance beyond the employee's control (see "Reimbursement Requirement" above).

Election by a personal representative on behalf of an incapacitated employee. When management determines that an otherwise eligible employee is physically or mentally

incapable of making an election to substitute paid parental leave, and entering into a work obligation agreement, conditional approval of substitution of paid parental leave for applicable FMLA unpaid leave will be granted on a prospective (current) basis upon the request of a personal representative of the employee whom the agency finds acceptable. Conditional approval is based on the presumption that the employee would have entered into the work obligation agreement if the employee had not been incapacitated.

Within 5 workdays after returning to work, the employee must enter into a written agreement to meet the work obligation or pay the required reimbursement, unless application of the work obligation and the associated reimbursement requirement is barred due to continuation, recurrence, or onset of a serious health condition of the employee or child whose birth or placement was the basis for the paid parental leave, or any other circumstance beyond the employee's control (see "Reimbursement Requirement" above).

If the employee declines to enter into the written service agreement after being determined to no longer be incapacitated, the portion of the 12 weeks of paid parental leave that has not been exhausted will be cancelled and any paid parental leave that was used based on the conditional approval will be invalid. The time covered by the invalidated paid parental leave must be converted to leave without pay unless the employee requests that other paid leave or paid time off to the employee's credit be applied (as appropriate) in place of the invalidated paid parental leave. To the extent the employee has invalidated paid parental leave hours not replaced by other paid leave or paid time off, pay received for those hours is a debt to the employing agency and is subject to collection under the Federal Claims Collection Standards in 31 CFR parts 900 through 904.

Other FMLA Use

Use of FMLA for purposes other than birth or placement of a child during a 12-month FMLA period may reduce the amount of FMLA leave available for birth or placement purposes. To the extent available FMLA leave is reduced, paid parental leave may also be reduced. However, if an employee invokes FMLA during the 12-month period prior to the birth or placement, the employee may again invoke FMLA for the birth or placement when the previous FMLA period expires. The employee will then have access to a new 12-week FMLA entitlement and the remaining weeks of paid parental leave (not to exceed 12 weeks of paid parental leave). The new 12-week FMLA entitlement expires 12 months following the date of birth or placement.

Special note: Although paid parental leave is limited to 12 administrative workweeks for each birth or placement event, under the unpaid FMLA entitlement an employee may choose to substitute annual leave, sick leave, advanced leave, or donated leave for the remaining weeks of unpaid FMLA. Under the new substitution rules for FMLA, sick leave may be substituted without regard to the normal limitations on the use of sick leave (i.e., sick leave may be used for bonding).

If an employee has multiple children born or placed on the same day, the multiple childbirth/placement event is considered to be a single event that initiates a single entitlement of up to 12 weeks of paid parental leave.

Multiple children born or placed during the 12-month period following the date of an earlier birth or placement of a child will generate a new 12-week leave entitlement to be used in the 12-month period following the birth/placement. However, any use of paid parental leave during an overlap period will count toward the 12-week limit for each birth/placement involved.

Questions regarding this bulletin may be referred to Worklife and Benefits Service at vaco058worklife@va.gov.

Issued by: VA/OCHCO/Worklife and Benefits Service

Attachment 1 – Paid Parental Leave Request Form

Attachment 2 – Agreement to Complete 12-Week Work Obligation

Attachment 3 – Frequently Asked Questions on Paid Parental Leave



Paid Parental Leave Request Form.pdf VA PPL Agreement to Complete 12Week Questions.pdf Frequently Asked Questions.pdf

Paid Parental Leave Request Form

Paid Parental Leave (PPL) Request Form		
Identifying Information		
Employee name		
Phone numbers (personal and work)	Email addresses (personal and work)	
Name of organization (agency, office, division, branch, etc.)		
Plans for Substituting Paid Parental Leave (PPL) for FMLA Leave		
Reason FMLA leave is being requested:		
<input type="checkbox"/> Birth of a child <input type="checkbox"/> Placement for adoption <input type="checkbox"/> Foster care placement		
	Anticipated	Actual
Date of birth or placement		
Date use of PPL begins		
Date use of PPL concludes		
Date of planned return to duty (after use of other types of leave)		
Requested method of using PPL: <input type="checkbox"/> Continuous use <input type="checkbox"/> Intermittent use*		
*Reason(s) intermittent leave is being requested:		
*Describe plans for using PPL on an intermittent basis:		
Employee Certifications (initial each box)		
<input type="checkbox"/> I attest that PPL is being taken because of the birth of my child or because of placement of a child with me for adoption or foster care and that the PPL will be used in connection with my fulfillment of my parental role to care for and bond with the child.		
<input type="checkbox"/> I will provide documentation to support this request, as directed by my agency.		
<input type="checkbox"/> I acknowledge and understand the consequences of providing a false certification (e.g., the possibility that my agency could pursue appropriate disciplinary action, up to and including removal from Federal Service, or make a referral to a Federal entity that investigates whether conduct constitutes a criminal violation).		
<input type="checkbox"/> If I provided an anticipated date of birth or placement, I will notify my agency as soon as practicable of the actual date.		
<input type="checkbox"/> I attest that I am entering into the required work obligation agreement.		
<input type="checkbox"/> I hereby certify that all statements made in this application are true and correct to the best of my knowledge and belief.		
Employee's signature	Date	

Agreement to Complete 12-Week Work Obligation

I, _____, understand that the usage of paid parental leave requires that I complete a 12-week work obligation at the agency employing me at the time I conclude using paid parental leave granted in connection with the birth or placement (for adoption or foster care) of my child.

- I agree to return to work and complete the required 12 weeks of work. I understand that 12 weeks of work will be converted to hours of work based on my work schedule, consistent with OPM regulations at 5 CFR 630.1705.
- I understand that the required 12-week work obligation is fixed and not proportionally reduced if I use less than 12 weeks of paid parental leave. I understand that only actual work periods when I am on duty (during my scheduled tour of duty) will count toward the 12-week work obligation. I understand that periods (paid or unpaid) of leave and time off (including holiday time off) do not count towards the completion of the 12-week work obligation.
- I understand that only work performed after use of paid parental leave concludes counts toward the 12-week work obligation. I understand that any period(s) of work during intermittent usage of paid parental leave (i.e., work performed prior to the conclusion of the use of paid parental leave) does not count toward the 12-week work obligation.
- I understand that, if I fail to return to work and fully complete the required 12-week work obligation, any agency that employed me during a period of time in which I used paid parental leave may require a reimbursement equal in amount to the total amount of any Government contributions paid by the agency(ies) on my behalf to maintain my health insurance coverage under the Federal Employees Health Benefits (FEHB) Program established under 5 U.S.C. chapter 89 during that period of time, unless I meet statutory conditions that bar application of such a reimbursement requirement. If I do not meet those conditions and if my agency determines that reimbursement must be made, I understand that it must seek collection of the full amount and that there is no authority for a partial waiver of the amount owed.
- I understand that, if I separate from the employing agency to which the 12-week work obligation is owed before completing that obligation, such separation is considered to be a failure to meet that obligation. I understand that, in that circumstance, I will not be allowed to complete the work obligation at a later time. (Note: An intra-agency reassignment without a break in service will not be considered a separation.)
- If an affected agency determines that the reimbursement requirement applies, I agree to make the required reimbursement to that agency and to permit offset of Federal payments to recover the amount owed. However, I reserve the right to challenge the agency decision through any applicable administrative or judicial process and to seek return of any amounts erroneously collected from me.

Employee's Signature _____ Date: _____

Note: Employee's paid parental leave request must be attached to this work obligation agreement.

Frequently Asked Questions on Paid Parental Leave

[5 CFR Part 630, Subpart Q – Paid Parental Leave](#)

Q1. What is the Federal Employee Paid Leave Act (FEPLA)?

A1. The Federal Employees Paid Leave Act (FEPLA) was legislation signed into law as part of the National Defense Authorization Act for Fiscal Year 2020 (Public Law 116-92). FEPLA provides up to 12 weeks of paid parental leave in connection with the birth, adoption, or foster care placement of a child occurring on or after October 1, 2020. This benefit is provided under the Family Medical Leave Act (FMLA). You can find a summary of key features in [attachment 1](#) of the Office of Personnel Management [memorandum](#) on paid parental leave for Federal employees.

Q2. What is Paid Parental Leave?

A2. Paid parental leave is paid time off from an employee's scheduled tour of duty that is authorized under FMLA to cover periods of time within the 12-month period beginning on the date of birth or initial placement of a child. An employee must have a current and ongoing parental role in connection with a birth or placement which was the basis for granting FMLA unpaid leave for the birth of a son or daughter, or placement of a son or daughter for foster care or adoption.

Q3. What is a qualifying birth or placement under FEPLA?

A3. An employee must have a birth or new placement of a son or daughter for adoption or foster care that occurs on or after October 1, 2020 (see CFR 630.1702(b)). A qualifying birth or placement means the employee has a current parental role in connection with the child whose birth or placement was the basis for granting FMLA unpaid leave.

Eligibility

Q4. What are the service requirements for an employee to be eligible for paid parental leave?

A4. To be eligible for paid parental leave, an employee must be eligible for leave under FMLA. Therefore, an employee must meet all FMLA eligibility requirements, including the following:

- Has completed at least 12 months Federal Service (not required to be 12 recent or consecutive months) as –
 - an employee, as defined under 5 U.S.C. 6301(2), excluding any

service as an employee under 5 CFR 630.1201(b)(2);

- an employee of the Veterans Health Administration appointed under title 38 U.S.C. in occupations listed in 38 U.S.C. 7401(1);
 - a “teacher” or an individual holding a “teaching position,” as defined in section 901 of title 20 U.S.C.; or
 - an employee identified in section 2105(c) of title 5 U.S.C. who is paid from non-appropriated funds.
 - An employee carrying out screening functions who is appointed under section 111(d) of Public Law 107-71 (49 U.S.C. 44935).
 - An employee performing covered active duty (as defined in 5 U.S.C. 6381(7)(B)) that interrupts civilian service due to a qualifying call or order for deployment to a foreign country as a member of the National Guard or Reserves, to the extent that such active duty is not already creditable service as an employee listed in the categories above.
- Has a part-time or full-time work schedule (intermittent work schedule employees not eligible); and
 - Has an appointment of more than 1 year in duration (employees with temporary appointments not to exceed 1 year are ineligible).

Leave use

Q5. Are employees required to invoke FMLA to use paid parental leave?

A5. Yes. Since paid parental leave is an entitlement within the FMLA, an employee must invoke their FMLA entitlement in order to receive paid parental leave.

Q6. Can employees substitute paid parental leave for FMLA prior to the birth or placement of their child?

A6. No. Paid parental leave may not be used prior to the birth or placement of child (CFR 630.1703(f)(2)). However, an employee may invoke FMLA unpaid leave for qualifying reasons related to the birth or adoption prior to the date the child is born or placed with the employee for adoption or foster care. Under the unpaid FMLA entitlement, an employee may choose to substitute annual leave, sick leave, or other leave, as appropriate. Any time used under the unpaid entitlement will reduce the number of hours an employee has available to use under the paid parental leave (see question 11 below).

Q7. If a child is born or placed before October 1, 2020 may employees substitute their own paid leave until October 1, 2020 and then begin substituting paid parental leave?

A7. No. Paid parental leave may not be provided for any births or placements which occurred prior to October 1, 2020 (CFR 630.1701(b)(3)).

Q8. If a child was placed in an employee's care before October 1, 2020 and subsequently adopted will they be eligible for paid parental leave?

A8. No. Paid parental leave may not be provided for any births or placements which began prior to October 1, 2020. 5 CFR 630.1701(b)(3) and CFR 630.1702(b) define placement as a "new placement".

Q9. If an employee gives birth (or has a child placed) before they become eligible for FMLA, are they be eligible for paid parental leave?

A9. An employee must be eligible for FMLA to use paid parental leave. If the employee later becomes eligible for FMLA during the 12-month period following the birth or placement, the employee is entitled to invoke FMLA at that time and begin using the paid parental leave benefit. The employee will have the remaining months of the 12-month period following the birth or placement in which to use paid parental leave. This entitlement expires 12-months following the date of birth or placement.

Q10. If an employee is acting in a surrogate role, are they entitled to paid parental leave after the birth of the child?

A10. No. Paid parental leave is available only if an employee maintains a current and continuing parental role with respect to a child which would trigger the entitlement (CFR 630.1702(b) and 630.1703(b)).

Q11. Will use of FMLA for other purposes affect the employee's ability to use paid parental leave?

A11. Use of FMLA leave for purposes other than a birth or placement of a child (e.g. leave based on a serious health condition) during a 12-month FMLA period may reduce the FMLA leave available for birth or placement purposes and the employee's ability to use the full 12 weeks of paid parental leave.

If an employee invokes FMLA during the 12-month period prior to the birth or placement, the employee may again invoke FMLA for the birth or placement when the previous FMLA period expires. The employee will then have access to a new 12-week FMLA entitlement and the remaining weeks of paid parental leave (not to exceed 12 weeks of paid parental leave). The new 12-week FMLA entitlement expires 12 months following the date of birth or placement.

Q12. Can paid parental leave be used intermittently under the FMLA?

A12. Yes, however when FMLA leave is used to bond with a child, leave may only be used intermittently if both the employee and the employee's supervisor agree. (5 CFR 630.1205(a)).

Q13. Are employees required to use their accrued annual or sick leave before they may use paid parental leave?

A13. No. An agency may not require an employee to use annual leave or sick leave to the employee's credit as a condition to be met before the employee uses paid parental leave (CFR 630.1703(f)(1)).

Q14. What happens to any unused paid parental leave after the 12-month eligibility period?

A14. Any unused portion of paid parental leave will expire at the end of the 12-month eligibility period. There will be no payment made nor will the unused portion be considered annual leave for any purpose (CFR 630.1703(g)).

Q15. Are employees automatically provided paid parental leave when requesting FMLA for a birth or placement that occurs on or after October 1, 2020?

A15. No. An employee must elect to substitute available paid parental leave for any FMLA unpaid leave granted for a birth or placement. (See CFR 630.1703(a)).

Q16. What is the application process for employees to substitute FMLA unpaid leave with paid parental leave?

A16. An employee must notify their supervisor of their intent to invoke FMLA for an anticipated birth or placement and follow their local leave requesting procedures.

An employee must provide any documentation or forms required by the agency no later than 15 calendar days after the date the documentation or certification is requested. If it is not practicable under the particular circumstances for an employee to respond within the 15-day time frame, despite the employee's diligent, good faith efforts, the employee must provide the documentation or certification within a reasonable period of time under the circumstances involved, but no later than 30 calendar days after the date of the original request.

Q17. Can an employee delay taking paid parental leave until a later date? For example, if the adoption date is Oct 2, 2020, does the employee need to start paid parental leave that day, or can s/he start the process in November?

A17. You may use paid parental leave at any time during the 12-month period following the date of birth or date the child was placed in the home. Paid parental leave must be used continuously, unless the employee and supervisor mutually agree to allow intermittent use of paid parental leave under FMLA.

Q18. If the child the employee is adopting is a teenager, may s/he take paid parental leave for the adoption/placement?

A18: Yes, if the child is under age 18 at the time of adoption then the placement is a qualifying event that triggers FMLA and paid parental leave.

Multiple Births or Placements

Q19. How do multiple births or placement of multiple children affect the entitlement?

A19. Multiple children born or placed on the same day is considered a single event, initiating a single 12-week paid parental leave entitlement (CFR 630.1707(a)). For multiple births or placements occurring on different dates, but in the same 12-month eligibility period, each event generates separate 12-week leave entitlements each with its own 12-month eligibility period. The substitution of paid leave during any overlapping period usage will apply simultaneously to all entitlement limits (CFR 630.1707(b)).

Example: Children placed on December 1, 2020 and on February 1, 2021. Two eligibility periods: 12/01/20 to 11/30/21 and 2/01/21 to 1/31/22. Paid parental leave taken between 2/01/21 and 11/30/21 applies to both placements simultaneously.

Work Obligation

Q20. Are employees required to sign an agreement that they will remain an employee for a period after using paid parental leave?

A20. Yes. Prior to using paid parental leave, employees are required to agree, in writing, to work for their agency for a period not less than 12 weeks beginning the first scheduled workday after their paid parental leave ends (CFR 630.1705(a)). Only periods the employee actually works (in a duty status) will count towards the 12-week work obligation. Any periods of paid or unpaid leave, time off (holidays included) or other non-duty status do not count (CFR 630.1705(b)(2)).

Q21. Is the work obligation adjusted if an employee does not use the full 12 weeks of paid parental leave?

A21. No. Regardless of the actual amount of paid parental leave used, the work obligation is fixed at 12 weeks (CFR 630.1705(a)).

Q22. What if an employee does not complete their work obligation?

A22. In the event an employee is not able to complete the 12 week work obligation

following paid parental leave, they may be required to reimburse the agency for the total government contributions paid on their behalf to maintain their health insurance under the Federal Employees Health Benefits program for the period that paid parental leave was used (CFR 630.1705(f)).

Q23. Are there any waivers authorized for the requirement for reimbursement?

A23. Yes. If an employee is unable to return to work due to continuing, recurring, or the onset of a serious health condition of the employee or the child triggering the event, the agency may not require a reimbursement (CFR 630.1705(2)(i) and (ii)).

Notification and Documentation Requirements

Q24. How much notice does an employee need to give in order to request and use paid parental leave?

A24. If the leave is foreseeable based on an expected birth or placement for adoption or foster care, the employee must provide notice of his/her intention to take leave not less than 30 calendar days before the date the leave is to begin. If the date of birth or placement requires the leave to begin within 30 calendar days, the employee shall provide such notice as is practicable (5 CFR 630.1207(a)).

Q25. What type of documentation can employees be required to provide?

A25. An employee may be required to provide management with appropriate documentation that shows the employee's use of paid parental leave is directly connected to a birth or placement that has occurred. Appropriate documentation may include, but is not limited to, a birth certificate or a document from an adoption or foster care agency regarding the placement.

An employee may also be required to sign the paid parental leave request form certifying that the paid parental leave is being taken in connection with a birth or placement. The leave approving official will determine what is sufficient proof and they can find examples of appropriate documentation in [attachment 4](#) of the [Office of Personnel Management memorandum discussing Paid Parental Leave for Federal Employees](#).

In addition to the above, an employee may not use paid parental leave until the employee agrees (in writing), before the commencement of such leave, to work for the agency for not less than 12 weeks beginning on the first scheduled workday after such leave concludes (5 CFR 630.1705). This requirement may not be waived.

Q26. What is the timeframe to provide documentation for paid parental leave?

A26. Employees are expected to provide any documentary evidence requested by the agency (approving official) within 15 calendar days after the date requested. If an

employee has been diligent, acting in a good faith, but has not able to provide the documents within the required timeframe, the employee may be allowed additional time to provide appropriate documentation as long as it is no later than 30 calendar days after the date requested (CFR 630.1703(h)(3)).

Q27. Can an employee be entitled to paid parental leave prior to the submission of documentation?

A27. Yes. Paid parental leave may be approved based on an employee's communication with a supervisor or management. If granted prior to receipt of supporting documentation, it will be considered provisional pending receipt of documentation or certification (CFR 630.1703(h)(4)). If documentation or certification is not received, management may determine the entitlement to paid parental leave was not valid and either allow the employee to substitute their own accrued paid leave or charge the employee with absent without leave (AWOL) per 630.1703(h)(5)(i) and (ii).

Pay

Q28. Will employees receive 100% of their pay while on paid parental leave?

A28. Yes. The pay shall be the same pay they would receive if they were using annual leave. Paid parental leave will count towards the determination of whether night pay is payable but will not include any Sunday premium pay (CFR 630.1704).

Leave Accrual

Q29. Will employees continue to accrue annual and sick leave while they are utilizing paid parental leave?

A29. Yes. Since paid parental leave is paid in the same manner as annual leave, accrual of leave will continue as usual. Per 5 CFR 630.208(a), leave will only not accrue when the number of hours in a non-pay status equals the number of hours in an employee's regular pay period.